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## Rochester Area Junior Roller Derby Skater Code of Conduct

## I hereby agree that:

- 1. I will lead by example and demonstrate good sportsmanship with fellow skaters, coaches, officials, parents, and other attendees at every game and practice.
- 2. I will commit to putting in my best effort on and off skates, and understand my ability to participate in any events and games may be affected by this effort.
- 3. I will attend every practice and game I am able to participate in, and I will notify a coach if I will be absent.
- 4. I understand practice and games begin with warmups and will be on time, as each component is designed to allow me to practice safely and continue to play at the best of my ability.
- 5. I will bring everything I need to practice, including safety gear and personal health necessities. When gear adjustments are needed, I will do so at home (changing wheels, remolding mouthguard, etc)
- 6. I will listen to and learn from my coaches and other league members.
- 7. I will treat my coaches, other league members, officials and fans with respect regardless of race, sex, gender, creed, or abilities, and I will expect to be treated accordingly.
- 8. I deserve to have fun during my sports experience and will tell parents or coaches if it stops being fun.
- 9. I will not use illegal drugs, alcohol, tobacco, or nicotine.
- 10. I recognize the importance of school and will not allow my derby commitment to interfere with my academic success.
- 11. I will learn the rules of the game of Flat Track Derby, according to the most current JRDA standards.
- 12. I will not engage in any behavior which would endanger the health, safety, or well-being of coaches, parents, league members, officials, or any other attendees including myself.
- 13. I will not engage in the use of profanity, verbal or physical threats, or any abuse aimed at coaches, parents, league members, officials or any other attendees.
- 14. I will not perform, on or off the track, any activity which I feel may endanger my health or my safety, and will report any pressure to perform such activities to a member of the League leadership.
- 15. I will only use my phone or other electronic device during practice when coaches have given me clear permission for a designated purpose. I will not create, share or post digital media with out permission of all subjects pictured as well as permission of the parents of minors.
- 16. I will not use social media, chats, or other digital media to make negative comments directly or indirectly about my fellow league members, their families, coaches or the league itself. In addition I will not post negativity directed at opposing leagues.
- 17. I will follow the rules of the places where we practice and play, respecting the belongings of other skaters and leagues, and leaving the spaces in the same condition or better than when I arrive. I will also treat my own equipment with respect and not intentionally damage it.
- 18. I will not bring weapons or any illegal objects to RAJRD events at any location, home or away..

If I fail to abide by the above code of conduct, I will be subject to disciplinary action that could include but is not limited to the following:

- A. Verbal warning by a coach, official, or board member
- B. Written warning
- C. Player probation/ Restricted Access to Practice Spaces
- D. Player suspension

Skater's Signature:	Date:
Skater's Real Name (Print):	
Skater's Derby Name (Print):	

